Protein rich round flat bread made from wheat. Ingredients: Wheat flour, Water, Vegetable protein (**Lupine**), Rapseed oil, **Oat** flour, Humectant (Glycerol), Stabilizer (Guar gum, Sodium carboxy methyl cellulose), Salt, Emulsifier (Mono- and diglycerides of fatty acids), Sugar, Acidifier (Malic acid, Citric acid), Raising agents (Diphosphates, Sodium carbonates), Preservatives (Potassium sorbate, Calcium propionate).

Heat: In the oven: Cover the wraps with aluminium foil and heat for 5 min. in a pre-heated oven.
In the microwave: Seperate the wraps from each other and warm them up, covered, for 10 sec. each or 1 min. If you warm them up all together.
In the frying pan: Heat 1 wrap for 1-2 min. on either side.

If kept unopened in a cool, dry place, best before end of/Lot No.: see imprint.
Once opened, use up quickly. Keep away from direct heat and light.

Nutrition facts	per 100g	per 70 g (1 Wrap)
Energy	1245 kJ/298 kcal	871 kJ/208 kcal
Fat	6.7 g	6.0
- thereof fatty acids	1.5 g	1.0
Carbohydrates	30.2 g	21.1 g
- thereof sugar	2.3 g	1.6 g
dietry fiber	8.7 g	6.0
Protein	22.1 g	15.5 g
Salt	1.6 g	1.1 g

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Body Attack
SPORTS NUTRITION

PROTEIN TORTILLA WRAP

180°C / 5 min.

750 W / 10 sec.

Medium Heat / 1 min.

VEGAN HALAL

HIGH FIBRE
low in sugar

15g Protein per Wrap

Serving suggestion

4 Wraps 70 g each

e 280 g